# Online course nets academic degrees



# education notebook

# To our readers

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The Education Notebook is intended to complement our regular local education coverage by presenting a wide range of education news in short form. Send your submissions to staff writer June Rich. She can be reached at 564-5258, or by fax at 966-6258, or by e-mail at jrich@newspress.com

pending hours within the confines of a classroom was not going to cut it for Steven Van Hook, who had been interested for years in getting his master's degree.

The Santa Barbara man's busy work schedule wouldn't allow for time spent attending lectures, latenight study sessions on campus and taking regular exams. So in 1999, Van Hook turned onto the information superhighway and found a road leading to his educational success.

Van Hook, 42, received his master of arts degree in business communication last Tuesday from Jones International University, the first fully accredited online university. He and his online classmates took part in a cyber-graduation ceremony — via a live webcast. The keynote speaker was environmental advocate Erin Brockovich.

While participating in the cyberstudies, Van Hook worked in Kiev, Ukraine, as a project manager for the Ukraine Market Reform Education Program, sponsored by U.S. AID. He said the online program was



RAFAEL MALDONADO / NEWS-PRESS

Steven Van Hook earned a master's degree online.

perfect for his work schedule considering the time zone difference

ering the time zone difference.

"In my opinion, I think that it's more challenging than your traditional school," he said. 'I was writing two to three papers for two to three classes every week. It's the only way to prove your presence in the program. Because there's no classroom where teachers can see you, or take attendance, the only way to demonstrate that you are enrolled in a class is by writing papers. At this school,

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TUESDAY, MAY 29, 2001

LOCAL

SANTA BARBARA NEWS-PRESS

# Online university degrees ge

# EDUCATION Continued from Page B1

you're writing all the time."

Jones' entire offerings — classes, degree programs and exams — are conducted over the Internet. It's the first one to offer selected bachelor's and master's degrees that are comparable to those offered by "brick-and-mortar" schools.

The university has more than 40 executive and professional education programs, ranging from ecommerce and information technology management to business

communications and entrepreneurship. A master of business administration degree is also offered. Many of the courses are available in both English and Spanish.

Founded in 1993, with classes first

offered in 1995, the university exists completely in cyberspace except for its administrative headquarters pear Denver. The professors, students and administration communicate with each other via online chat rooms and e-mail. The faculty is comprised of educators from more than 40 countries, some from such well-known institutions as UC Berke-

ley, Purdue University, Columbia University and the London School of Economics.

Several faculty members serve as the school's content experts, designing the courses and setting evaluation standards for student performance. Others are teachers who work more closely with students and act as faculty advisors. Students access their assignments, take exams and write papers via the Internet.

Dr. Pamela Pease, president, said the educational program costs about \$12,000 a year for a full load of classes, or about \$500 per three-credit course. The average course load is two classes, Pease said.

"The program is geared to those working adults that are in pursuit of a higher education degree and need a more flexible school schedule," Pease said. "Our program offers 12 terms a year, so a student can start a course every month. Instead of paying by semester, you're paying by the course. It makes it more convenient for those who are looking to go to school at their own pace."

JOHANNES FLOWERS.

B&H

FLOWERS,

GARDENS,

WELTY'S HILLTOP FLOWERS,

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school at their own pace."
Van Hook's Ukraine work was also
an Internet project. He said that the
school's accessibility made it possible for him to earn while he learned.

"It was perfect for me. As long as I had my laptop, I was in school," he said. "When I was working and had some time to myself, or even while on an airplane, I could just work on my studies. Because it's online, anyone can have access to a degree and I would strongly suggest it. For anyone in a competitive work force, the higher-paying job is going to go to one who has the advanced degree."

— Kerri Webb

# THE BIG PICTURE

Los Angeles — The National Center for Early Development and

SPONSORS: MAXIMUM NURSERY, EVERBLOOM, INC., BRAND FLOWERS, HOLLANDIA FLOWERS,



A Taste for Carpinteria Garden party & Auction

Sunday, June 3, 2001

2:00-5:00 in the afternoon

Girls Incorporated of Carpinteria

5315 Foothill Road, Carpinteria, California

For information and reservations call Suzanne Allen 684-3804.

Carpinteria Valley Greenhouse Growers, Sunburst Printers, Veneco, Inc. Santa Barbara Bank & Trust and Montecito Bank & Trust

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# ared toward working adults



RAFAEL MALDONADO / NEWS-PRESS

"At this school, you're writing all the time," says Steven Van Hook, who received his master of arts degree in business communication last Tuesday from Jones International University.

Learning and the state Department of Education have announced that California schools will participate in a national study on publicly funded prekindergarten programs.

The program will trace 160 children in 40 prekindergarten classrooms for two years beginning this fall. Officials will collect information about the children's literacy, language, math and social skills. They will also observe the quality of prekindergarten practices. The results are intended to help public policymaking at state and local levels. Georgia, Illinois, Kentucky, New York and Ohio are also slated to participate. The U.S. Department of Education will fund the study.

- Kerri Webb

NOUS MINS FRAMEERS INC. METAITLE VINEYARD & WINERY

### THE LOOK AHEAD

Santa Barbara — A forum to found new elementary schools in the downtown area will be held at 7:30 p.m., Wednesday, at the Louise

Lowry Davis Recreation Center, 1232 De la Vina St.

The forum will feature community leaders including Gil Garcia, from the Santa Barbara City Council; Robert Pohl, former president of the Santa Barbara Elementary School District's board; and Alice Post, president of the group that is trying to get new schools established. The event is free and open to the public. For information, call 682-2204.

-June Rich

# LETTERS, E-MAIL & FAXES

# Many thanks for caring rescue

ur backyard has been blessed the last six months by a pair of beautiful redheaded woodpeckers. They take turns at our feeder, one grabbing a quick bite while the other keeps watch

This week their wariness failed a moment near dusk, and one of them ended up in the teeth of a neighbor cat, while its mate shrieked from a plum tree. Other birds flew in and joined the ruckus scolding the cat, until we looked outside to see what was up. Fortunately, we rescued the frightened woodpecker before too much damage had been done, but it was unable to fly high enough, for a safe retreat. We wrapped it snug in a towel and phoned for help.

The helpful operator at 9-1-1

The helpful operator at 9-1-1 connected us with the Wildlife Care Network. We left a message at their number and their machine recommended late night services of the Pacific Emergency Pet Hospital.

Heather at Pacific suggested we bring the bird in for an examination, and they would care for it until someone from Wildlife came to pick it up. She gently took the bird and commented on its alertness, assuring my teary wife that if it survived the night, it should be OK. Late in the evening Maggie called us from Wildlife saying she had spoken with Pacific about the bird, and that it would be cared for.

A day later, the good Wildlife Care people, a room of birds chirping in the background, informed us the woodpecker was doing well, and after some antibiotics and a stitch, the recovered bird should soon be released back in our neighborhood.

That's good news also for the lonely woodpecker outside, who still visits our plum tree calling out for its missing mate.

Well, the fate of a woodpecker may not seem like such a remarkable issue. But given recent headlines on human cruelty, these acts of kindness to a wounded creature seem to us a redeeming comfort.

Thank you, 9-1-1, Pacific Emergency Pet Hospital and Wildlife Care Network — for giving us

> Steven and Tanya Van Hook Santa Barbara

# MONDAY, AUGUST 20, 2001

SANTA BARBARA NEWS-PRESS

# CHOICE WORDS

'The fate of a woodpecker may not seem like such a remarkable issue. But given recent headlines on human cruelty, these acts of kindness ... seem to us a redeeming comfort.'

> Steven and Tanya Van Hook

**Traditional** 

including

butter, is

offered at Anton's in Old

Town Goleta.

Dan Gates is

the owner.

homemade popovers and warm honey

western fare,



RAFAEL MALDONADO / NEWS-PRESS

French baguette or croissant.

is one ring n of y chef at tary arts, ich uiches a

Pacific Western Aerial Surveys has announced new aerial photography of the Santa Barbara, Montecito, Carpinteria, Goleta and Painted Cave areas. Available in print and digital formats, the photography is at a scale of one inch to 1,000 feet.

Pacific Western maintains a film library of the tricounty area dating to

1971. The library at 329 S. Salinas St. in Santa Barbara is open to the public Monday through Friday, 8 a.m. to 5 p.m.

Steven R. Van Hook, owner of Worldwide Media Relations, has launched About Public Relations at www.publicrelations.about.com on the About.com Web site.

About.com says that every month, more than 27 million visitors log on to its site, seeking access to its more than 700 links to news, entertainment and reference information. Van Hook's site assists newcomers, job seekers and experienced public relations professionals with a collection of links and articles that focus on the public relations industry.

Van Hook recently returned to Santa Barbara from a four-year assignment managing a public education project in Ukraine. He was a television news bureau chief in Russia in 1990-91.

Scrapbook Heaven, featuring specialty papers, stickers, writing implements and other materials for creating custom scrapbooks, has opened at 325 E. Betteravia Ave. in Santa Maria.

We welcome information about new, expanded or relocated Santa Barbara County businesses for New Enterprise, which appears every Wednesday. Mark your submission "New Enterprise" and e-mail it to business news@newspress.com; mail it to Business Editor, Santa Barbara News-Press, P.O. Box 1359, Santa Barbara 93102-1359; or fax it to 966-6258.



VOICE FROM SANTA BARBARA/STEVEN R. VAN HOOK

# Antidote to snootiness in Santa Barbara

've had my fill. I can't take it anymore. Please heed my plea: If I hear one more local denizen grouse about what a snooty town Santa Barbara is, I think I might pop the offender in the snoot (which is nothing against the word "snoot" itself — it has a rather charming sonance about

it).

Having grown up in Santa Barbara over the mellow (and briefly turbulent) '60s and '70s, I may testify that this pervasive snootiness was

not always so.
Friendly, homey, magical, paradise.
Those were the words you heard attached to

I didn't even know what a snoot was

I remember weekly folkdancing at the beach. You'd practice the new steps on the outskirts of the circle, until welcoming hands

outsarts of the circle, until welcoming hands pulled you in. We learned the world's dances. It was certainly a celebration of multi-ethnici-ty, though no one ever called it such. We just danced, young and old. I remember the Fourth of July beach party, where hundreds upon hundreds of craters and cubbies were carved in the sand for a prime fireworks view, amid warm feelings for your neighboring excavators. The only cross currents were good-natured rivalries over who's hole was the better.

who is note was no better.

I remember front-line workers and clerks who actually seemed to like their jobs and the customers they served.

Too many of them now seem much too pre-occupied with how they will possibly survive another month in this town on their inade-mate water.

another month in this town on their made-quate wages. Santa Barbara was a quiet town, with the stress level just one notch above snooze. Then came The Change.

I'd say it started with the Reagan presidency, when he moved the White House westward to good ol' S.B. On slow news days, national re-porters dug up glowing sidebar stories touting all the beauty about us. It helped justify their high expense accounts to anxious comptrol-lers as the newshounds took a taste of the high

life.

Then came the infamous soap opera, so named as our fair city. The show is currently running nightly on prime-time Russian televi-

The exploitive media and manipulative doomsayers casting their pall of despair can indeed be countered.

sion with top ratings, spreading yet further the other-world mythology surrounding our

Santa Barbara-ho advanced the glamour-

Santa Barbara-no advanced the glamour-seeking hordes, up went the snoots and prop-erty values, out moved the mellow. What a shock it was after an extended stay away, for me to return and hear so many peo-ple bashing my beloved hometown as a haven for nothing but snooty snobs.

Not my town!
Though I can appreciate the impression we must make, I have certainly seen my share of

snootier cities — San Francisco, District of Columbia, and, of course, Paris (snoot personified). We have a ways yet to go to pass those

Inted). We have a ways yet to go to pass those extremes.

To those who have had a proboscis full of Santa Barbara attitude, let me advise you to just say "nuts" to the snoots (note how "nuts" is a near anagram with "snoot").

Disarm the attitude with a toothy smile and

Sharm the actitude with a today sinice and a shrug.
You might even try a little sympathy.
I suspect the snootiest among us are the newest arrivals, using their aloofness to mask

newest arrivals, using their adorness to mask their unsurety.

In my graduate counseling psychology courses, I learned about "emotional conta-gions" — those communicable mental disor-ders as virulent and deadly as any other noxi-

ders as virulent and deadly as any other noxi-ous invader.

Hate gives way to yet more hate, fear begets fear, bigotry breeds bigotry, snootiness begets snoots; pernicious toxins all, infecting the body public.

We can, however, turn this principle to a batter advantage.

better advantage. We of a different mind can become infec-

tiously friendly, contagiously congenial.

We can cop a new attitude and pass it on.
The exploitive media and manipulative The exploritive media and manipulated doomsayers casting their pall of despair can indeed be countered. We may be inoculated against negativity and snoots with just a small prescription of perspective. We are, each of us, much better than that. The germs of kindness, goodwill and good cheer when the properties are the source of the second sour

cheer reside within us all.

Extend your hand and spread them around.

Steven R. Van Hook is a media relations consultant living in Santa Barbara

Letters

AUGUST 17, 1995

# Thou Shalt Not Lie

Your Angry Poodle—while taking aim at local PR flack John Davies —has piddled a bit all over the public-relations profession [Aug. 10].

Let's say your cranky pooch has indeed dug up the straight poop in Davies's alleged dastardly tactics in promoting "oil companies and land grabbers" (though a little removed from the source: The poodle references a syndicated columnist who in turn excerpts an anti-public-relations watchdog reporter who—surreptitiously?—taped Davies's comments to a Campaign and Elections magazine audience).

Davies, according to your string of sources, advocates such practices as writing letters on behalf of quasi-concerned citizens, penning pro-client sentiments on "little kitty cat stationery" (I bet that tweaks your poodle's whiskers), or whatever else it takes to "make a strategically planned program look like a spontaneous explosion of community support." All supposedly justified under the credo, "If you don't do it, somebody else will."

Having worked in media and public relations for close to a decade, I can avow that such shady shenanigans are certainly exceptional to the rules. Let's look at just a few tenets of professional members who agree to abide by the ethical standards of the Public Relations Society of America:

A member shall not disseminate false or misleading information; a member shall adhere to the highest standards of accuracy and truth; a member shall conduct professional life in accord with the public interest; a member shall not engage in any practice which corrupts the integrity of communications or the processes of government.

We PR people are, on the whole, a moral and civically minded breed of animal, frequently graduated from the ranks of print and broadcast newshounds ourselves. Have I ever been asked to lie by a client? Yes, Will I? No.

As I explain it: If the public cannot believe *everything* you say, the public will not believe *anything* you say. Chew on that, dear poodle.

Steven R. Van Hook Worldwide Media Relations

What most of your readers probably don't know is how much time and talent John and his firm plow back into many Santa Barbara nonprofit organizations with little or no recognition. It's not easy for reporters to find out that part of the story. They have to dig. Ask questions. Interview people.

I know The Independent has deadlines. We all do. I'm waiting for the "other half of the story."

Jim Ludwick

# Death Be Not Probed

After reading Simon Oswitch's letter [Aug. 10] about the horrendous death of a horse at the Fiesta
Rodeo, I turned immediately to
the News of the Week for details. I
was very surprised to find no story
—was my copy defective? Since
the annual rodeo is so controversial in Santa Barbara, it seems such
an incident would certainly merit
mention—if not a feature.

I realize The Independent has close ties with Old Spanish Days, but since you have reported honestly on other cross-marketed events (such as the Film Festival), doing the same with Fiesta would be welcome. I'm not putting down Fiesta in general—it's a fun party—but there's no place in this town or any other for animal cruelty. Why do we allow it year after year—and why does The Independent remain silent on the issue?

Joyce Wiswell

# Restore the Santa Barbara Nuilt

Between 1987 and 1990 more than 30 individual triangle-shaped quilts naming Santa Barbara residents who died of AIDS were sewn into a 17-foot-long panel. This AIDS Quilt is a dramatic and artful memorial for our community members affected by the AIDS epidemic. Each of the triangular quilts is unique with personal items and designs.

As a Santa Barbara resident and a person who is living with AIDS, I have a personal interest in this community panel. I attended its showing many years ago. Late last year I asked our community lead-



THE INDEPENDENT AUGUST 8, 1996

# Score One for the Press

Much of Bruce Rittenhouse's letter [July 25] is worth serious consideration, especially when he enumerates several examples of our judicial system gone astray and innocent victims who have

suffered for it through horrific imprisoned years.

Let me take exception with one

He writes about the four individuals in Illinois who "were freed after 11 years in prison, one on death row for eight years, for crimes they did not commit. A law protessor and his students not only proved they did not do it, but proved who did it."

Mr. Rittenhouse's error is referring to the "law professor," who, as was reported on a recent TV news magazine, is in fact a journalism professor. Truth and justice were sought in this case by fledgling reporters, not law students. This, I submit, is an important distinction, in that the ultimate arbitrator of justice is not our judicial system but the judicious public, abetted by a free and independent press.

The informed public's sense of justice and fair play will win out through the ballot-box selection of our judges, our district attorneys, and the politicians who make court appointments. In less democratic societies, the public's oppressed cry for justice will eventually erupt in revolution.

Finally and inevitably, the court of public opinion will prevail even in the face of those who would pervert the integrity of public office and the judiciary for scandalous ends.

Steven R. Van Hook

# COMMENTARY

VOICE FROM LOMPOC/STEVEN R. VAN HOOK

# Give men a break; we're products of our environment

embers of all manhood, unite! (Before your man-hood members need to be Let's face it: Women are

slicing off men's anatomy, refusing anti-quated roles, demanding better treat-ment. The women's tired liberation movement of the '60s, '70s and '80s has beome the women's armed insurrection of

We've come a long way, brothers—
from sister suffrageties to men simply
suffering, All right, already. Let's do
something about it.
As men, we need to respond with more
than just a wince. Let's define our terms.
Let's go hunting for a pace, as it were.
Men are understandably confused. We
admit it in the locker roms, let's admit it
here: When the blood flows away from
our brains to other critical organs, we become a little addled. Women know how to

use this to their advantage.
You find it throughout nature. Take the example of the male black rhinoceros.
This two-ton behemoth must often pass a igorous test by the female of the species before any hanky-panky begins. The love interest will lower her head

d, and charge him — repeatedly. If the ben wildcred mate is still interested after g
be being battered about, the lady rhino of
hightaccepthim as hermate. Ring abell?

re in psychological warfare, women are of
the hD.s to our correspondence school certhe tiffcales. Our shortcoming here is women
think with their heads; we know all too
well what men think with.

We turn to women to tell its what to do,
where to go, when to go and which the to
where to go, when to go and which the
wear as we go. We love our women and we
trust them to guide us, if not in our own
be stinderests at least in their own bestimterests, which sometow involve us.

Our fount of confusion these days is dance, are themselves unsure of what dance, are themselves unsure of what the they want.

Take a look at the singles page and count the number of women seeking to be "treated like a lady." You what does that mean? Like a weaker sex needing a strong paternalistic arm opening doors?

Women, beware the hand attached to

I propose the problem is not with men.
Women—as "keepers of the sex"—have
always called the shots. Come on, do you
deny it? Men, doomed by nature and by

our natures, are ever eager to spread our genes around whenever, wherever we might

Women, more limited in their repro-ductivity, are choosier. They select care-fully, and they set the criteria by which



here. Men are undlet's admit it locker rooms, admit it in the confused. We erstandably

nen have no choice but to abide.
So we men now sit, battered and bewildered ike our black rhino borbier, white women try to define the new criteria within their gender, and within their individual psyches.
Women must decide What is it to be equality, subservience or superiority? 1

We are the products of our environ-ment. Though we may be on the path to be-coming angels, our roots sink deep into the primordial muck

We have an evolutionary heritage of brutality, might-makes-right morality, testosterone-dominated males running about their crusades, and subservient women waiting for their men to return home full of tool and lust. Our patterns of behavior are well set

But they can't have it all ways, without it leading to a nation of neurotic men scrambling between poles of behavior.

Women (to paraphrase Freud): What the held of you won? We men will oblige. So ciobiologists, gender experts and o practical experience testify that if women suddenly took a handering to unside down men, half the race would soon be walking on its hands. You want a whimpering wuss? No sweat (just don't dump us later for some club-toting Neanderlah). You want to walk together as equals. You have my vote.

But don't expect our poor, blood-drained brains to play multiple roles de-pending upon unpredictable and poorly defined womanly whims.

and quite likely genetically encoded. We have millennia of inherited mentality to assess and redress. As a maturing spe-cies, we can certainly deal with this.

At some point, we have to stop blaming our behavior on our upbringing — ontogenel or phylogenic.

Let's lay down our arms, be they hairly ones or stainless sieed, and decide a course for our progeny to follow.

Actually, I suspect that our difference are more situational than they are gender-based. There are certain conflicts sure to arouse in any amorous relationship, whether it be between man and woman, woman and woman, man and man, or any

other possible combination.
This will likely be substantiated as homosexuals become more mainstrain and the tabloid talk shows focus on their inherent relationship problems.

In the meantime, ladies, I'm sitting by my phone. Where are you going to take me? What are you going to bring me? And don't forget to open the door!

Steven R. Van Hook is a Lompoc free-lance writer and media rela-tions consultant. He's in the book.

# STEVEN R. VAN HOOK

# Betting Bug Invades County

Steven R. Van Hook, born and raised in Santa Barbara, has been a media consultant living in Lompoc. bapers and in broadcasting. He is a journalist for fifteen years in news-

eye it will be the above first sentence. gamble that if anything captures their V ty of readers are going the skip right by this piece without oroscope or the personal ads. I'd also bassing glance on their way to the willing to wager the majoriant to make a bet? I'd be 8

The betting bug bores deep into us, like a gold fever infection. The ment is a difficult bewitchment to igprospect of high gain for little invest-

combined. amusement parks (Disney take notel) banks on this. Betting is big business. How big? In 1992, Americans spent books, movies, recorded music, and nore on gambling than was spent on The gambling industry knows and

Americans pony up some \$330 billion in gambling stakes (that's a gain of other legal wagering in sports bets, dog and horse racing, and riverboat casinos, church bingo, Indian tribe gaming ,800 percent since 1976). Tally receipts from Las Vegas state lotteries

states, and 37 states operate their own they did to major league ballparks asino gambling is now allowed in 23 americans made trips to casinos than Last year, for the first time, more

> local editors allocating ink to a \$50-million Lotto winner in Lompoc and phenomenon? It's a question that must certainly be on the minds of the flashy new Chumash casino in How do the media cover this mega-

as explained by the Review. problems facing reporters on this story, ries of the decade." Among some of the they call "one of the biggest local stoshould cover the betting boomcently ran a piece on how reporters Columbia Journalism Review, which re-It's also on the minds of editors at the

Santa Ynez.

everybody," says one analyst tion by gambling promoters, while inperts" are on the gambling industry formed critics of the industry are very hard to find. Many gambling "ex- Reporters are showered with atten-"Gambling interests suck up

given the sizable church and state gambling proceeds from bingo and lot-· There are few sources to take a counter-position, especially

porters. even the most seasoned of business remoter hyperbole are enough to confuse in the established beats of most newspapers. The baffling figures and pro-Gambling stories don't easily fit with-

promises so much development, so ally critical of an industry that it's understandably hard to be editori-

many jobs, so much profit. Media everywhere run stories of

huge Vegas jackpots as straight

announcing lottery results within a state lottery as a breaking story, even as news director and anchor for an newscast (something I refused to do

rounding gambling are too mushy to If the ethical and moral questions surbeen coopted by elitist reactionaries 'ethics" and "social awareness" have Okay. So words like "morality" and

er people gambling a disproporis economically regressive, with poorpoor grab at a long-shot opportu-nity to break out of their ensnaring tionate share of their income. The It's well documented that gambling

shows up to five percent of adults ex-posed to gambling will likely develop billion in gambling losses projected for 1995. A Harvard University study into pathological gamblers (more than eight percent for college and high chool students).

In its June issue, Reader's Digest chronicles how the town of Deadfrom skyrocketing crime and bankrupted families since the town turned wood, South Dakota has suffered

abuses and shortcomings of the Cali-My files hold many stories on the

news. Television news often treats the

address, how about checking out the economic and community toll?

poverty and pay a higher price for it Americans will suffer a record \$35

to gambling as an economic cure-all.

U.S. News & World Report devoted

of America's "gambling fever." its March 14 cover story, "How Casinos Empty Your Wallet," to the devilments

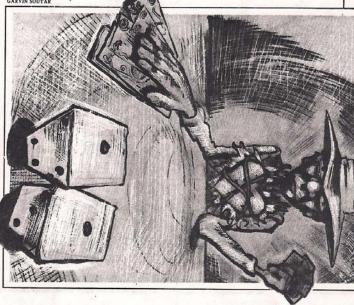
fornia lottery.

we may begin the millennium's new century under the credo: "The very need" (an ideal apparently incompati-ble with the human heart). It seems ability, to each according to their motto, "From each according to their shadow of the This waning century began in the fearsome Marxist

few benefit-

the many, and the many acquiescing in hopes of becoming one of the few" (an ideal repugnant to this human's neart). ing at the expense of

a bet I'd be happy to lose. Are our aspiring hearts to doomed by our grabbing hands? I



# Dignity, life fit in death

he cremated ashes spilt from our plane swirled in the misted sky, then dispersed over the white-capped sea into a puff of nothingness.

Our dipped wing righted itself, and

we flew homeward

My father spent his final weeks, months and years in agony, fighting for each tortured breath. He had lived decades smoking Camel no-filters, and toiled more than a quarter century breathing in the dust of a diatomaceous earth mine. He had every lung disease diagnosed and imaginable.

Respiration — the word shares a common root with "spirit." I watched his spirit slowly

strangle with his diminishing breath.

He wanted to die. He asked to die. He begged to die. By his own hand or another's, he sought to have his body forcibly made to relinquish its agonizing grip. I looked hard at the questions surrounding physician-/family-assisted suicide.

I followed the reports on Dr. Jack Kevorki-an, tha aberrant advocate for death. He began his medical career exercising his fascination with those about to die. He would peer into the eyes of the near dead to pinpoint the irreversible advance of death. In 1958, he was asked to leave a hospital appointment after he sought to persuade condemned murderers to volun-teer for medical experiments preceding their execution. He is the inventor of the infamous "suicide machine" and has proposed opening a "suicide clinic." Kevorkian seems to relish death. I felt no kinship here.
I read Final Exit, the suicide how-to-book

by Derek Humphrey, founder of the National Hemlock Society. The book teaches how a gentle death is as accessible as a few pills and a plastic garbage bag. I learned in excruciating detail how many ways there are to effectively slip life out of our weak yet still embracing bodies

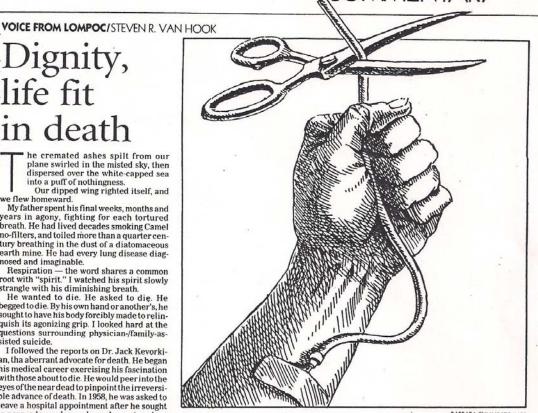
It felt all too hollow and comfortless.

I pondered California Ballot Proposition 161 supporting physician assisted death. How, it asked, can we usurp others of the ultimate self-determination: the right to die in peace? Medical marvels can prolong life way beyond benefit, at however great a financial and emo-tional toll. Public debate focused on issues of God's will, economics, choice, familial love, and potentially familiar avarice.

There was, I reluctantly concluded, too

close of an unprotected connection between the choice to die and the obligation to die. I voted against the measure, though I was somewhat sorry to see it fail.

Over my two years as a crisis counselor I abhorred suicide, that insidious assassin lurking within desperate telephone calls from suicidals seeking always a reason for life. Our hearts will continue to beat outside



BARBARA CUMMINGS / LATS

the body; individual heart cells will continue to beat separated from the heart itself. Life wants to go on living.

I avoid the word suicide. The very sound is an emotional contagion spreading the viral concept that suicide is a valid means to cope

We all have our pain. I watched as the near-angelic nurses cared



How could I turn my back on his desperate desire to die, to be rid of the pain? Yet how could I deny life?

for him. Changing his soiled clothes and bedding, treating his failing skin, gently working around his suffering. Lesions, diapers, humiliation... how could I not wish him death?

I'd often — and sometimes lamely — enu-

merate for him the benefits of his living: he was able to visit with his newborn grandson;

he watched his granddaughter grow into a lovelyteen-ager over the course of her regular visits; he would proudly tune in my radio talk show and follow my journalistic reports out of show and follow my journalistic reports out of Russia. And he was an incorrigible flirt with the nurses ('How are you doing today, Van?'' they'd sweetly inquire. "Doing without, but I'm open to offers," he'd ribaldly respond)
There were moments of pleasure and connection even amidst the suffering. This is what life is, I'd tell him. I could see it register behind the pain in his eyes.
How could I turn my back on his desperate desire to die, to be rid of the pain? Yet how could I deny life?
Abiding by his wishes, we took no "heroic measures" to prolong his living. He was long tired of the needles, the poking, the medical fumbling. The morphine dulled his pain, while also and alas dulling his irrepressible spirit.

spirit. As I struggled to find a reason, a purpose for

his, his doctor said it best: If there's no mean-ing here, there's no meaning for any of us. I visited my father on what became his last carthbound day. There was a peaceful pall on his face as death grew near. I prayed for God to accept and protect his soul. And I wished him peace. Moments later his stalwart spirit was gone.

Steven R. Van Hook is a media relations consultant. His father died May 8.

Z

You want meat and potatoes, grain bread. You'll pass, thank legumes, chomp the whole you, on that fluffy Jell-O mold. up the beet, spoon the Then you're hungry for on the toppings, carve a hardy meal, you pile

kids, some odd text and a resume interest with a few photos of the webmaster expect to attract much lions. No longer can a fledgling es now tally in the tens-of-milwith a rich sauce. Web page choictaste, substance. Something chewy just eye candy. They want texture, surfers. They yearn for more than So it is with serious Web

there is to go somewhere else.) town: the only fun thing to do old joke about a boring homecan offer is a handful of links to tion, a few laughs. If the best you anyone visit yours? (That's like the other interesting sites, why should able information, some inspiratasty to your visitors. Some valuthousands, then offer something page hit-counter click into the If you want to see your home-

ment tips. The Tampax site shares national parks. Black & Decker music reviews secrets on looking good and proffers handy home-improveuseful travel information on The L.L Bean homepage provides Take a free ride on their research. and what it is they're looking for. bucks profiling who is on the Web Large companies spend big

> San Luis Obispo Paragliding counties. SLO, Santa Barbara and Ventura cific tips for riding the wind in local launch points, and site-spepage features breathtaking around our tri-county region. The panoramic paraglider photos from Take a look at what works

of-the-week water conditions, a history of surf-Barbara beaches, real-time air & reports for Ventura and Santa provides links to current surf ing, and the awesome surfer pic-Surfing the Ventura Coast

Grand Jury Web page posts breaking reports and media they are released. announcements the very morning The Santa Barbara County

even if for a quick nibble. That'll keep 'em coming back, few servings. Keep your offerings best content becomes stale after a are timely and useful. Even the fresh and toss in a few surprises. The most enticing Web pages

go to a restaurant, I want the chef pundit now creating an online to word it just right, or paying a the table next to me." to prepare my meal, not the guy at Michael Kinsley, the Washington professional for well-crafted copy zine for Microsoft, says, "When I It's worth taking the extra time

presented in appealing bite-sized attention. Information has to be a thousand attempts to snag their bits if you want them to swallow. People are bombarded daily by

thoughts per subject.

words per sentence, fewer snappy broadcast style; fewer best suited for the Web is a short, I've found the writing voice running.

out something worthwhile to say. is just so much Spam if it's withdone. Writing is hard work; writing well is fine art. Even the best Sure, this is easier said than

> the dinner bell, and they'll come Serve it with a flourish, ring By Steven R. Van Hook

savored at palatable homepage content may be His own culinary struggle for Barbara communications consultant Steven R. Van Hook is a Santa

http://www.west.net/~wwmi

# Web SITE SUGGESTIONS

http://www.housing.calpoly.edu/html/paragliding.html San Luis Obispo Paragliding

Santa Barbara County Grand Jury - http://www.rain.org/~sbcgj http://www.vcnet.com/surfeng/toddpage.htm Surfing the Ventura Coast

Black & Decker - http://www.bdhome.com Tampax - http://tampax.com

L.L. Bean - http://www.libean.com



Telecommunications Hi-Tech Computers

# Hours "Fly By" with Paper Airplanes Software

by Steven R. Van Hook

ure, I've got a speedy laser printer for my professional writing work. It gives a nice, clean edge to my often otherwise mangled prose. But for down-and-dirty jobs, I use my ever-faithful Star NX-1000 dot matrix printer.

For writers such as me who regularly spit out ream-after-ream on this track feed printer, the anguish never subsides on what to do with the mounds of waste paper that accumulate



from the extra page feed between print jobs. My environment-friendly conscience will not allow me to toss them, so there the pages pile up in one drawer after

Well now I count this trash paper as treasure, thanks to the ingenious computerized creation of KittyHawk Software: The Greatest Paper Airplanes. I downloaded the sample program while milling about the libraries on Lompoc's own Granola Board BBS. A simple installation later, and I was treated to an authentic animated presentation on aerodynamic theory (as a private pilot, I can testify the principles are

sound), and an entertaining history of paper. But best of all, the program takes me step-by-step through 3-D paper airplane folding animations so clear, that even fumble-fingers like mine are crafting airworthy projectiles within minutes. Simple written instructions help move the folding along, but are hardly necessary thanks to the precise graphics.

The shareware version gives you instructions for five high-flying gliders. The complete purchased version offers 25 planes from basic darts to starship fliers sure to please the ever-

young aviator in every heart.

This little software gem requires two megs of RAM, and two megs of free hard drive. Granted, the perky animations make some of the more advanced folds appear far simpler than they frustratingly are, but the user-friendly program allows for simple replay-afterreplay of the trickier steps.

On my scale of two-bits to 24-K, this program is pure gold. It's a great Christmas gift idea

for wanna-be pilots of any age.

For more information, call KittyHawk at (800) 777-5745. §

# conspirators. We've done our bit

BY STEVEN R. VAN HOOK

Lompoc — one hip city?!?

"NOT!" shriek the

cynics.

"Is so," I say.

f course I see the ol' town through eyes actually born here. And though newborn hiney was quickly scuttled out of town to Buellton and on to other parts, I have lived here mostly uninterrupted for the last three years.

last three years.

I also perceive Lompoc through peepers that have beheld some of the worlds hippest cities — San Francisco, Paris, Moscow, Washington, Santa Barbara (yeah, I'll grant them that) — and I can say Lompoc has its own bona fide hipness to be proud of. That said, here is my own personal list of the top 20 hip happenings to be found around the town (some are animate, some are not, some might think they are)

animate, some are not, some might think they are)

1. Coffee Beans and Such. The coffee den where some of the hippest hang out. Great selection of java, teas and tasties. Offers a haven and stage for cafe

Offers a haven and stage for cafestyle musicians, community
forums, and – for better and worse
– local poets.

2. Lompoc Mural
Project. The brainchild of prettyhip-guy-himself Gene Stevens.
Quality building-size murals could
well fill the gap left by diminishing
flower fields. Pretty good fundraising gimmick too have your city
utility bills rounded up to the
nearest buck – the pennies plunk
in the project's piggy bank. Call
City Hall for details.

3. Printed Matter. Fresh-visioned ownership of the old South H Street bookstore is stretching, expanding, moving the trashy romance novels away from trashy foliance hoves away from center aisle. Great selection of magazines, and one of very few local options for snagging the Santa Barbara Independent or New Times (two hip papers in

their own right).

4. The Paragon.
Speaking of hip printed matter, this is it. Just look at this sample of fine journalism, the objective analysis. Well, maybe next page anyway. Patronize Paragon advertisers

anyway. Patronize Paragon advertisers.

5. The Lompoc Record. Yep. Given its limits, the Record delivers commendable coverage of local news, astute selection of wire copy and articulate (dare I say hip?) local columnists.

6. Those Commercial-Space Guys. You've seen 'em around, I'm sure. Don Smith and Earl Severo. Yeah, they talk like the old Air Force officers they are, but they're also visionaries pointing out one possible starpointing out one possible star-bound future for the Lompoc Valley. And they dress cool too.

7 Bob Hatch. Another local "somebody" heading up the

Compoc Chamber of Commerce. He's worked hard for Lompoc, a one-man band jazzing up the

8. The Hilltop Lighted Cross. Sure, maybe a neon ankh or yin-yang might be hipper, but it

does remind us that there's more to us than us.

9. The Federal Pen.
Lompoc's prison has brought our name to fame even in the nation's arrival former to a society for the second of the capitol, forevermore associating us with incarcerated Watergate

conspirators. We've done our bit for cleaning up dirty government.

10. Bodger's Lookout.
Great view. Cool city.

11. Tom's Burgers. One worldly-wit said anyone who doesn't think some local hamburger is the world's best is a wimp. This is it.

12. Farmer's Market.
Fridays. Ain'tunique, butit's ours.

33. Surf Beach. Missile pads add ambiance. Watch out for the plover eggs and nestlings, or face big-buck fines.

14. La Purisima Mission. Nice digs, but consider the atrocities suffered by the Chumash indigenous. Hike the trails and wish peace to the sprits.

15. Flower Fields. Put some in your hair and flashback to

some in your hair and flashback to the 60s.

16. The Odd Bods.

Lompoc swarms with far-out exotics milling about main streets. Fellini would love it. W.C. Fields

did.

T17. Victoria Sazani /
Victori Street Salon. Longtime
local; make-up artist to Hollywood.
Uses Lompoc has her launchpad
to the world. Stylin' cut, artist's
eye, light hit on the wallet. Soooo
cooool it hurts.

T18. Granola BBS.
Fruits, flakes and nuts mix on this
happenin' Lompoc computer
BBS. Lots of mindless patter, but
periodic episodes of illumination
and quantum transformation.
Like hipness itself.

T19. Lompoc Weather.
Cool. Really.

Woll Lompoc Attitude.
Or, rather, no attitude. City motto
"We're Lompoc ... so what?"

What? Your fave hippest not
on the list? Drop a line care of
Paragon, and perhaps an
augmented list will follow.

Van Hook is a media relations
and communications consultant
living in Lompoc. Victoria Sazani /

living in Lompoc.

# Racism's not OK R-7-89

As we begin this season of good will and cheer, let's consider the story of a young local girl, the sad victim of racial slurs inflicted by a few of her classmates.

I'm sure we all remember the painful cut of a playmate's cruel words, even if they weren't meant with evil intent. Perhaps we even remember a time when we caused such pain. To a victimized child with limited perspective, the world can become a joyless place full of fear and self-doubt.

To the unfortunate young girl and other children wounded by such heartless words, I would say:

■ Please believe that nothing anyone can say or do to you makes you any less than the special person you are, it only makes them the lesser.

■ Along with your parents, let your teacher, your principal or your coun-selor know what has happened. They are specially trained to deal with such situations without making them worse.

Consider that as bad as these unkind kids have made you feel, they're making other children feel the same way, too. Someone has to stop

We're not born as racists - unfortunately someone along the way has taught some misguided children that racism is OK. It's up to people of good will to teach them that it is not.

Steve Van Hook Box 394 Steve Van Hook P.O. Box 394 Klamath Falls, Oregon 97601 884-2824

December 5, 1989

7601

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Sincerely,

Van Hook

# 2-14-85

# Grieves me

The Emerald's front-page story about the Self Health Conference grieves me on a scale that goes far beyond the mere irresponsibility of the reporter.

Charging fees for workshops and other courses beyond the tuition rate is not an uncommon event. It seems the crime here was that the conference organizers made an unintentional mistake and didn't get the fees "promulgated through the provost."

The organizers of the conference were students themselves in a learning experience, and such students tend to make mistakes (the Emerald should be especially sympathetic to this, judging by the number of corrections it runs).

So the Emerald took one student's complaint about a procedural mistake and blew it way out of proportion. but didn't print one word about the 200-plus students who came away from the conference feeling better about their lives with some solid tools to improve themselves.

That the media put sensational tripe ahead of responsible news sickens me. That our hope for a change lies in young "talent" such as that behind this story grieves me beyond expression.

Are you proud of this style of journalism? May someone there, dear editor, speak up for the future and say "no!"

Steve Van Hook Journalism

# Grants Pass Daily

TUESDAY, SEPT. 9, 1980

# errers



### Work for Quality, **Nor Quantity**

Dear Sir,

A recent Courier article reported the findings of a three-year governmental study entitled, "Global 2000 Report to the President."

The study, headed by the President's Council on En-vironmental Quality and the State Department, forewarns of mass poverty; malnutrition; overcrowding; food shortages; steady loss of croplands, forest, plant and animal species, and the further deterioration of the planet's water and at-mosphere resources. The report concludes that civilization has perhaps 20 years to counteract such a worldwide disaster, and, if anything, that this is too optimistic of an estimate.

Clearly, we are doing something wrong.
Present day approaches to

social development are not leading us a up a road of enlightenment, but down a path of destruction: If one is to look over the horizon, one will that certain misconceptions widely accepted are not only false, but deadly.

One popular miscarriage of truth is the familiar illusion of a pool of water stagnating without growth. We all know that without flow and change water will spoil, but if the inflow should exceed the limits nature intended, well, how long can you tread water?

A balloon will only hold so much weight before it will pressurize and pop. Growth must inevitably stop, the only

question is when.

Will we suffer insufficient energy production (witness current woes)? Will hungry hordes grow even thinner without satisfactory food supplies (the numbers of starving around the world are increasing and the situation in poorer countries is bound to worsen as grain is transferred to distilleries to power autos)?

Will reserves of clean water dry up? Nature has many ways of limiting the excessive proliferation of any species, and man is no exception.

So, in light of the obviously over-extended civilization we've become, why is there still the idea that a solution

will stem from an insatiable desire for more growth?

Logic shows that as one gains, another must lose. For one country to expand, another must lose its independence.

For those who cling to the top, the base must grow stronger to push the top even

Alas, what keeps us from realizing that a base can only support so much before everything crumbles? Is it the unspoken hope that we, ourselves, might someday reach that top in our struggle for greater gleaming glory?

New frontiers are far and few between. Limitless growth and greed are now antiquated relics we are no longer at liberty to relish. This is the heritage of the new generation.

Throughout all time, the human race has had the purpose (the need for "pur-pose" is a common denominator in all generations) of expansion. A new purpose must be found when growth (an

inevitability) is no longer possible. Instead of quantity, quality should become the new aim in life.

If we want world peace, we needn't subdue the masses, only feed them (and that only takes giving them the means to feed themselves). A curtailed war budget within all borders would supply the resources for much more than food for hungry bodies: it would give nourishment to thoughtful minds.

> STEVE VAN HOOK P. O. Box 1673

# H C C W



### NEW GOALS NEEDED

EDITOR:

A recent news release reported the findings of a three-year governmental study entitled "Global

Report to the President".

The study, headed by the President's Council on Environmental Quality and the State Department, forewarns of mass poverty, malnutrition, overcrowding, food shortages, steady loss of croplands, forests, plant and animal species, and the further deterioration of the planet's water and atmosphere resources. The report concludes that civilization has perhaps 20 years to counteract such a worldwide disaster and, if anything, that this is too optimistic an estimate.

Clearly, we are doing something wrong.

Continued on page 6

# Letters. . . Continued from page 5

Present day approaches to social development are not leading us up a road of enlightenment, but down a path of destruction.

A balloon will only hold so much weight before it will pressurize and pop. Growth must inevitably

stop; the only question is when.

Will we suffer insufficient energy production (witness current woes)? Will hungry hordes grow even thinner without satisfactory food supplies (the numbers of starving around the world are increasing, and the situation in poorer countries is bound to worsen as grain is transferred to distilleries to power the richers' autos)? Will reserves of clean water dry up? Nature has many ways of limiting the excessive proliferation of any species, and man is no exception.

So, in light of the obviously over-extended civilization we've become, why is there still the idea that a solution will stem from an insatiable desire for more growth? Logic shows that as one gains, another must lose. For those who cling to the top, the base must grow stronger to push the top ever

Alas, what keeps us from realizing that a base can only support so much fat before everything crumbles? Is it the unspoken hope that we, ourselves, might someday reach that top in our struggle for greater gleaming glory?

Not that greed is an unequivocally bad thing. Wars fought over nationalist greed gave us great technological advances. Greed in the marketplace gave us varied industries. It seems, as I recently read, the road to heaven is paved with bad intentions.

Greed has fulfilled its purpose well. But if the growth concept is limited, so must be the greed that seeks growth, or we shall become a psychotic breed

of frustrated fruitcakes.

Perhaps a reason why young people are at an alltime high in the use of drugs, alcohol, suicide and other forms of escape, is that the inherited ideals and goals of greed so obviously (to the uncluttered clarity of youthful eyes) no longer apply to present day living.

New frontiers are few and far between. Limitless growth and greed are not antiquated relics we are no longer at liberty to relish. This is the heritage of

the new generation.

Throughout all time, the human race has had the purpose (the need for "purpose" is a common denominator in all generations) of expansion. A new purpose must be found when growth (an inevitability) is no longer possible. Instead of quantity, quality should become the new aim in life.

New leaders must give direction; but only once giving, not greed, is the motivation of leaders. World leaders have fought and clawed to reach their positions of power; of course they want more. . . it's in their nature. If we want leaders serving the people instead of their own interests, the solution is simple: drastically lower their pay and limit their outside sources of income (a motion consistently voted down).

If we want world peace, we needn't subdue the masses, only feed them (and that only takes giving them the means to feed themselves). A curtailed war budget within all borders would supply the resources for much more than food for hungry bodies, it would give nourishment to thoughtful

Cooperativism - interest in the well-being of the whole of humanity, as opposed to the self-interest system in current practice — would be its own reward. This can be accomplished by changes in economic priorities; long-term benefits must take

precedence over transient profits.

These are ideas coming to light all across the world. And this — to those so fast to point an accusing finger - is not socialism, but salvation.

> Steve Van Hook Grants Pass

### RECESSION STORY

### **EDITOR**

Asking merchants how they view the current recession (last week's Review) is like asking politicians how they feel their campaigns are progressing or asking real estate brokers how they picture the fluctuating future of the housing market. You're bound to get a rosy reply.

If you want to expend a true scenario of the economy, along with the perspective of merchants, you should also describe scenes of lines wrapping the employment office.

You should contact the social service agencies daily dealing with increasing numbers of desperate and frightened people. Interview a man or woman

trying to clothe and feed a family of six on a workingman's wage.

If all else fails, ask an economist.

Every possible angle in presenting the truth should be scoped, as is the duty of any journalist deserving of the public's trust.

> Steve Van Hook **Grants Pass**

P.S. I don't consider this critique a thrown stone, but rather an admittance that you have a possibility for redemption.

(Editor's note: Stephen, we really MUST stop meeting like this. Your letter, while thoughtful and sincere, is predictably misguided. The point of the story is not what we think or project but what is thought and projected by the dozens of people we talked to for information. Certainly there is a business slowdown, felt most seriously by timber industry and construction workers. However, what are we to do when a merchant shows his sales are up over the same period last year? Or when a real estate broker acknowledges that lowered interest rates are causing a spurt of land buying? Concerning the lines of unemployed, that angle has been milked to death by the media, which is basically addicted to a herd mentality, i.e., if one story of economic bad news is desirable, then eight are eight times more desirable. The media is as much responsible for aggravating the psychological portion of the recession as the Democrats are for aggravating the economic side. When interest rates zoomed to 20% and higher, it was front page news, complete with grisly details of weeping mothers. Why then was it not front page news, complete with pictures of grinning real estate brokers, when the interest rate showed signs of dropping to more realistic levels? As for asking economists other than Milton Friedman, please bear in mind that they have attributed inflation to everything from greedy businesses, pudgy Arabs everything from greeny vacances, pages and labor unions to the full moon and Ms. Lillian's lumbago. When I find one who says the current government desecration of the dollar, I might ask him. inflation-recession syndrome is caused by

P.S. I don't seek redemption.)

0

# WEEKLY SNOOZE

EDITOR:

Southern Oregon. and become a firmly seated, recognizable part of our area. During the near two years of publication, a much-needed alternative to the media coverage of then Kogue Kernew, writing you a letter stressing the important social contribution of your providing we readers have watched your paper grow strong

Yet, as I suppose is typical of ournalists striving for financial security, it seems you are selling your hard-hitting-get-the-news style for the less trying publication centered around pleasing these special interest groups is bound to grow dull, even to your may be financially rewarding, sooner or later a appropriate phrase) advertisers and The only thing worse than a Daily Ho-Hum is a While brown-nosing (a disgusting more complaisant - certainly less controversial local

of soliciting business is repulsive to you, that's too bad. When it gets too disgusting, just sit yourself down and try to figure out where the money for your marvelous social schemes comes from, if not from the

locals" or giving them credit when it is due. If the idea dull, and make no apologies about "displaying he is not saying so in print. I feel the paper is far from

trying to make a go of it and to provide jobs. It is not

business people beating their heads against the wall

elite financial supporters who are inevitably going

I remember after reading the first issue of the then Rogue Review, writing you a letter stressing

P.S. I've been accused of exchanging my ideals

for a weekly column.

P.P.S. Besides, some people seem to enjoy our occasional clashes. . . I do.

(Editor's note: Actually, what youthful Steve is upset about is a recent editorial comment favorable to the notion of tearing down the Grants Pass Hotel, but

Please, Mr. Longo, give us a paper that we can count on for reporting the truth behind obscure Please, Mr. Longo, give us a paper that scenes. Your job is to cover locals, not display them Steve Van Hook Grants Pass

the coner of our paper. It is a salute to that type of people, just check out the John Galt symbolic logo on person you despise. It has been there from our first issue and will remain there. P.S. Anyone who would accuse you of that is a

they are part of your continuing free education. P.P.S. I do not consider these to be clashes. Rather.

Review-May 26, 1980-Page

really important that you like them, but when do you at least stop throwing rocks at the people who make the economy function? When do you stop picturing the about our view of business types and other productive producers as criminals? If you ever had any doubts

the editor

# Let's Get Together

Dear Sir, I'd like to use your editorial

page to share a few thoughts.
First of all, I've noticed lately many news stories pointing out the lack of communication and cooperation among dif-ferent boards and agencies. Our county needs a little unification. We need to help each other accomplish defined goals by cooperative reinforcement. But first our goals need definition.

The citizens need to be in-The citizens need to be informed on what county government and other agencies are doing. The media should be encouraged to publicize in plain English any information and laws affecting or possibly benefiting our everyday lives. Funds should everyday lives. Funds should be allocated to time and space for coverage if necessary. Tough scrutiny also gives way to honesty.

Though the true democratic

ideal has not been achieved, we do have a foundation to work with. There are a lot of good people around us. These good people need to take some of their own, grab them by the scruff of their necks, and put their ideals into force with the sheer power of their numbers. Wonders can be accomplished with votes. We need to elect leaders free of private self in-terest in community affairs. Responsibility must be enforced constantly.

Finally, I heard of a prece-

dent setting case on the news where a private farmer is trading wheat to Ethiopia for oil. When people can assess their worth and assets, there are no limits or downfalls that cannot be overcome. Ignoring financial implications, the wealth of resources here in Josephine County is a blessing beyond appreciation! Our land gives us timber, grain, minerals, water, milk, and honey.

As director of a barter refer-As director of a barter refer-ral, I've seen the resources of our unemployed, seniors, and people working jobs outside of their fields of expertise go completely untapped. People are going without the plumb-ing they can't afford, when the man up the block is an

unemployed plumber who could trade at a cost within means.

All of the resources within our grasp need to be used for the social benefit of all, in-stead of the financial benefits of a few.

Only we can see it done. STEVE VAN HOOK Grants Pass

Editor, News-Press: I say we owe President Nixon a lot more than the people give him credit for. I believe he has done our country a great service for which we will long be in debt to him.

We owe him thanks for letting us see how corrupt our government can get with the wrong people in office. We owe him thanks for showing us that not even the President is above wrongdoing. Thanks to President Nixon, I believe that our country will be in a more secure state for quite a long time. He has shown youth what can happen with wrong people in office, and he has shown that our elders should be more observant before they go in and cast their votes.

I say we all owe a big thank-you to Mr. Nixon.

Steve Van Hook 1224 W. Valerio

Editor, News-Press: Regarding impeachment 687-3777



# SCRIPT WINNERS

Student winners in the Veterans of Foreign Wars' Voice of Democracy scriptwriting contest were honored last night by the Pvt. John Thomas Hall Post 1649 and Ladies Auxiliary. Receiving their awards from Mrs. Joseph Ahearn, are, from left, Kory Morgan, Santa Barbara High School, first place; Colleen Gaffy, Bishop Garcia Diego High School, second place; and Steven Van Hook, Santa Barbara High School, third place. Morgan also placed third in the tricounties competition.

-- News-Press photo

# Steven Van Hook Feted on Birthday

stail y will p.m., erican rchesdancl a.m. errace mallen-

made nations g Mrs. arbara, The laughter of rollicking youngsters in clown hats echeed through the Buellton home of Mr. and Mrs. Wayne Van Hook last Friday afternoon. Nineteen young kindergarten friends of the Van Hook's son, Steven, descended on the house to celebrate Steven's sixth birthday.

Circus posters adorned the walls, multi-colored crepe paper ribbons criss-crossed the ceiling, and the children played pin-the-tail-on-the-lion. A clown centerpiece for the birthday table added to the merriment, which was crowned by a circus birthday cake served with ice cream.

Among those enjoying the celebration were Timmy Roberts, Jimmy Pool, Jane Gruen-

stein, Kurt Smythe, Shirley Olesen, Sharyn Warner, Mike Isbell, Trudy Marshall, Kerry Stubblefield, Billy Jorgensen, Susan Robinson, Judy Willemsen, Roberta Choat, Bruce Mac-Intosh, Sheryl Jurgena, Deborah Petersen, and Steven's brother Joey.

### Board to Meet

Board members of the Santa Ynez Valley Hospital Auxiliary will meet at 9:45 Tuesday morning at the home of Mrs. Ray Hopman. Officers and committee chairmen have been urged to be present. Members of the Auxiliary are welcome to attend. The

noon dren two hat 2 cat Ve audito "The man"

"Th man" run f featu lage' the pfamil villag

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arty

# Schools

Stress

offers a wide spectrum of theatrical and musical events which will appeal to all ages and tastes. organization Barbara, the in Santa Barbara Schools. Largest events is awaiting residents of Goleta through the Performing Arts Department A full calendar of cultural Barbara Secondary department producing Santa

Upcoming on the calendar is a weekend of performances by La Cumbre Junior High SNOW WHITE

program and we are concentrating on children's theater for the Santa Barbara area." states Larry Jorgensen, Theater Arts teacher. Fellow teacher Dave McEachen is assisting Mr. Jorgensen in this first fall school production. White. The Chamber Maids are Ellen Decker as Ermintrude, Karina Cavat as Emily, and Tracy Franklin as Emethe. Gretchen will be played by Rose Anna Vitetta.
"We want to build a good sets, making the costumes and aiding in the direction. Wun Hie Bellinger will Portray the Princess Snow White. The Chamber Maids arts members building the Tickets for

concentrate on children's theatre and in keeping with this choice will present Snow White and the Seven Dwarfs November 13 at 7:30 p.m., 1:30 p.m. on November 14 and 21. School. They have chosen to concentrate on children's with matinee performances at

underway for this all-student production with the theater Daily rehearsals are

performances are being sold by the Theater Arts classes as well as by other students. The fifty cent tickets are good for

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# Performing Arts

Desk Department.
"The Desk Set", written by comedy November Set", which

president's nephew who is leading the bandwagon for the computer "Emmarac."

Climaxing the comedy is a chaotic Christmas office party, where the girls' last soon finds herself engaged in a battle of wits with Richard Summer, the company the girl researchers - or the "desk set" as they are called - have begun to worry that look into the workings of a big television network in New York. The play centers William Marchant, takes Watson, the head of research specifically their jobs will be taken over research department, where around Bunny

hopes are destroyed when they discover Richard has recommended that Emmarac be installed immediately. But

any performance and may be purchased at the door on each performance date.
THE DESK SET

High School Performing Arts presented by the Dos Pueblos In store for theater goers lovember 18-21 is "The three-act

of Richard Sumner. has been Donna Reardon,

Lance Strauss, her frie Also appearing in the sh are Cristal Sullivan, Sc Bovitz, Ron Gonder, Ka Guerra, Scott Blois, Ran portraying Miss Warriner, harried operator of computer; Donna Freen will take the role of Elsa; Berger, and Scott Barrick. Lisa Stark Will

Mr. Tallant Smith, the arts instructor at Pueblos, will direct the sh

for 170-171

element. Monday morning bu finally proves that comput are no match for the hum Bur

Watson, and her co-work in the Research Departm of last year's "Blithe Cutler, Bunny's boss (and are Meredith Bryan, Silvera, and Pat Attig. played by Tony Piazza, Randy Hard will take the man she hopes to rem from bachelorhood) will and her co-work cast as Bur

Sue Kramer is the product manager, and the sets being designed by Eric Mi

SURROUNDED BY DWARFS DURING A DRESS REHEARSAL is Snow White, La Cumbre Junior High School student Wun Hie Bellinger. "Snow White and the Seven Dwarfs," La Cumbre's all-student production opens Friday night, November 13.