

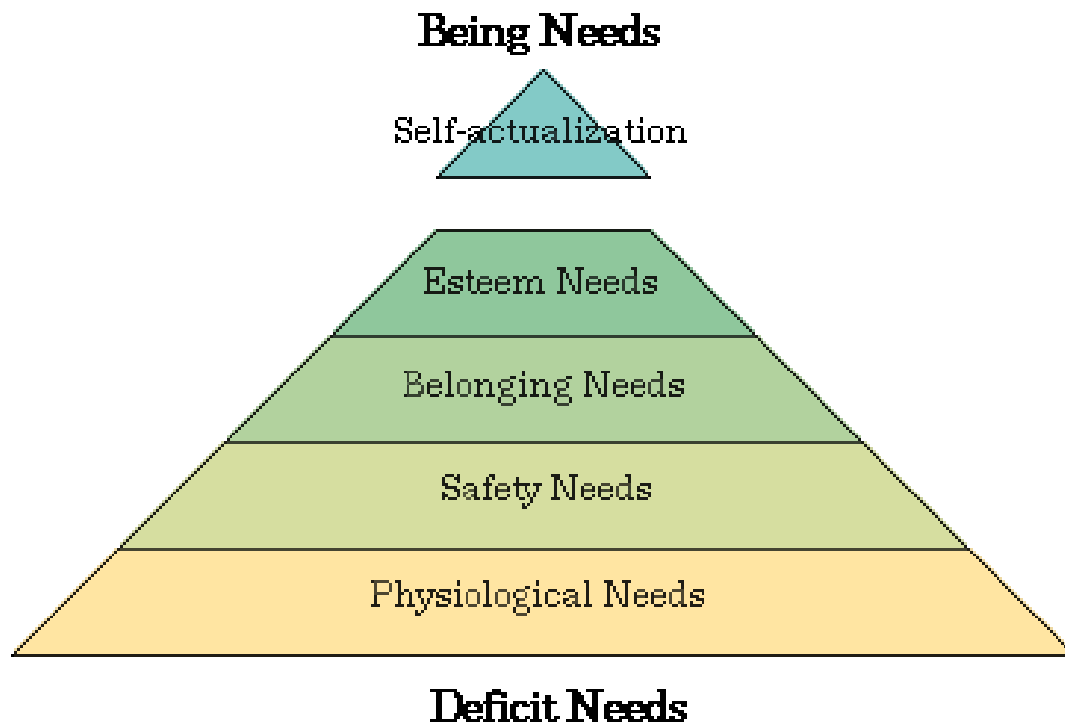


Abraham Maslow



The Hierarchy of Human Needs

Maslow's Hierarchy of Needs



Abraham Maslow
1908 - 1970

Maslow, A. (1954). *Motivation and personality*. New York: Harper & Brothers.

Characteristics of the Self-Actualized

- Efficient perception
- Acceptance of self, others, and nature
- Problem centering
- Detachment
- Freshness of appreciation
- Oceanic feeling
- A democratic nature
- Discrimination between means and ends
- Creativeness
- Resistance to enculturation



Abraham Maslow
1908 - 1970